



# AMITY UNIVERSITY

MADHYA PRADESH

Established vide Government of Madhya Pradesh Act No. 27 of 2010

AMITY UNIVERSITY MADHYA PRADESH, GWALIOR

AMITY INSTITUTE OF BEHAVIOURAL AND ALLIED SCIENCES

DEPARTMENT OF PSYCHOLOGY

## Program Educational Objectives (PEOs)

**PEO 1:** Students will be able to use their fundamental knowledge and technical skills of basic psychological concepts and methods and develop an ability to appreciate the challenges in field settings required to achieve professional excellence.

**PEO 2:** Students will demonstrate strong and well-defined practical skills in conducting psychological experiments and understand the scientific and humanistic complexities of the human mind and behaviour.

**PEO 3:** Students will be able to use their cognitive, behavioral, and affective skills to display an ethical attitude, strong communication skills, and effective interpersonal skills to become psychology professionals.

**PEO 4:** Students will be able to use interpersonal and collaborative skills in major areas of application such as psychological testing, experimentation, counselling, interviewing, and developing psychological tools, behavior modification, data analysis and report writing.

**PEO 5:** Students will be able to participate in a lifelong learning process for a highly productive career and will be able to relate the concepts of psychology towards serving the cause of society.

  
Prof. (Dr.) Kuldip Dwivedi  
Dy. Dean & i/c Dean (Academics)  
Amity University Madhya Pradesh





## PROGRAMME OUTCOMES AND PROGRAMME SPECIFIC OUTCOMES

### **Bachelor of Arts Applied Psychology**

#### **Program Outcomes:**

**[PO.1]. Professional Knowledge:** Define and demonstrate an understanding of fundamental concepts, theories, principles, and terminology of psychology.

**[PO.2]. Research:** Identify, formulate, research literature, and analyse complex psychological problems reaching substantiated conclusions using different principles of psychology and social sciences. research literature and analyse complex psychological problems reaching substantiated conclusions using different principles.

**[PO.3]. Effective Communication:** Ability to identify, speak and write about concepts and approaches as well as the ability to understand and engage with current developments in the light of models, theories, and notions of concepts in psychology and its applications. Develop listening skills and empathy with others.

**[PO.4]. Empowerment:** Develop professional skills that empower the students to gain employment.

**[PO.5]. Environment and Sustainability:** Create awareness towards psychological well-being of other individuals and small groups and promote harmony in society.

**[PO.6]. Inter and Trans-disciplinary development:** Identify, differentiate, and assess how language, literature, history, sociology, psychology, political science, social work, science, technology, etc. are connected to one another and contribute to human society. Demonstrate an understanding of interdisciplinary and trans-disciplinary approach of learning.

**[PO.7]. Autonomy:** Create awareness towards psychological well-being which develop self-awareness among them to discover themselves that further evolves in higher human consciousness

**[PO.8]. Problem analysis and solutions:** Ability to think rationally, analyse situations and issues concerning language, literature, social sciences, human affairs/psyche and psycho-social or socio-political matters. Apply experience and knowledge of subject to solve existing problems in the field of study.

**[PO.9]. Self-Directed and Life-long Learning:** Acquire the ability to engage in independent and life-long learning in the broadest context of Psycho-social changes.

**[PO.10]. Ethics and Integrated Value System:** Apply professional ethics, responsibilities towards society, culture, race, religion, and nation while suggesting new ideas or solutions to existing problems and try to establish integrated value system in society.



## **Programme Specific Outcomes:**

**PSO 1:** Students of Psychology to grow in sensitivity, sympathy, and empathy towards others, learn to work in a team and develop leadership qualities, accept, and respect individual differences and work with responsibility and commitment and develop an understanding about inclusive education and its benefits through the Social Outreach Program.

**PSO 2:** Students understand the basic and foundational concepts of how data are classified, organized, measured, and analysed using statistical methods and encouraged to conduct short empirical and archival research so that they develop an understanding about application of statistics and research methodologies.

**PSO 3:** It helps students of Psychology to get an understanding about the practical applications, implications, and generalizations about the different aspects of the subject from books to real life situations.



# AMITY UNIVERSITY

MADHYA PRADESH

Established vide Government of Madhya Pradesh Act No. 27 of 2010

**AMITY INSTITUTE OF BEHAVIOURAL AND ALLIED SCIENCES**

## **PhD Psychology (Course Work)**

### *Programme Outcomes Ph.D. Course work*

**PO1:** The Doctor of Philosophy in Psychology degree is a research-based program. The program prepares innovative scholars, researchers, and educators to contribute to the body of knowledge through intensive study in the field of psychology.

**PO2:** The program, culminating in a thesis, builds the foundation for theoretically grounded research and development of knowledge in the study and application of personality, motivation, learning, emotion, and behaviour.

### *Programme Specific Outcomes Ph.D. Course work*

**POS1:** The program is designed to prepare psychologists to function effectively as researchers,

**POS2:** College and University, and Professional academician.







**BACHELOR OF APPLIED PSYCHOLOGY**

**PROGRAMME CODE: BPH**

**Duration: 3 Years Full Time**

**Course Outcome**

Semester -1

**Introduction to Psychology- I**

**Course Code: BPH-101**

**Credit Units: 4**

**Course Outcome:**

- After completion of the course learners will have concept, principles and theories of cognition and its application in psychology.
- This will facilitate the students to develop the cognitive skills in themselves and others.

**Basic Research Methodology-I**

**Course Code: BPH-102**

**Credit Units: 4**

**Course Outcome:**

- To introduce the basic principles of Research Methodology.
- To equip students with skills of various methods and techniques for scientific conduct of research in psychology.

**Biopsychology**

**Course Code: BPH-103**

**Credit Units: 4**

**Course Outcome:**

- The paper on Biopsychology correlates the discipline to the physiological aspect of human life and emphasizes the need to study physiology for complete understanding of human beings.
- It will also provide an overview of issues that many physiological psychologists consider in understanding how the brain and behaviour interact.

**Statistics in Psychology- I**

**Course Code: BPH-104**

**Credit Units: 4**

**Course Outcome:**

- The paper on Statistics introduces quantification of psychological data and gives primary research orientation to the students.



## Schools of Psychology

Course Code: BPH-105

Credit Units: 3

**Course Outcome:**

- To give an overview on history of psychology and the developments within the discipline.
- Students know about the development of Psychology

### Introduction to Psychology- II

Course Code: BPH-201

Credit Units: 4

**Course Outcome:**

- The objective of this course is to study the concept, principles and theories of cognition and its application in cognitive psychology.
- This will facilitate the students to develop an understanding of the cognitive skills in themselves and others.

### Basic Research Methodology – II

Course Code: BPH-202

Credit Units: 4

**Course Outcome:**

- Students will display a good knowledge of the various types of analysis and how to use statistics in analyzing and interpreting the obtained data.
- To introduce the principles of Research Methodology.
- To discuss in-detail the design, data collection, analysis of data and report writing
- To equip students with skills of various methods and techniques for scientific conduct of research in psychology

### Introduction to Personality Theories

Course Code: BPH-203

Credit Units: 4

**Course Outcomes:**

- The paper introduces description, evaluation and application of major personality theories for personality development.
- It also focuses on understanding Indian and other Eastern thoughts in Personality.

### Statistics in Psychology II

Course Code: BPH-204

Credit Units: 4

**Course Outcomes:**

- The paper on statistics introduces quantification of psychological data and gives primary research orientation to the students.



## Social Psychology

Course Code: BPH-205

Credit Units: 3

**Course Outcomes:**

- This course will impart knowledge on individual's relation to society, the processes involved therein and manner of research done.
- Students will expand knowledge about social psychology and human behavior.
- Enable students to recognize the limits in generalizing psychological research to all cultural/gender/ethnic/age groups, and understand the dynamics of intergroup relationships, conflict, and cooperation

## Developmental Psychology

Course Code: BPH-301

Credit Units: 4

**Course Outcomes:**

- This paper introduces the students to the biological foundations, various developmental stages and theories from prenatal to childhood.
- The Students will also learn the applications of child psychology in various settings.

## Positive Psychology

Course Code: BPH-302

Credit Units: 4

**Course Outcomes:**

- To enable students to understand the theory and research related to positive psychology and equip students to develop and apply positive psychology for enhancement of their self and others.

## Psychometric Assessment

Course Code: BPH-303

Credit Units: 04

**Course Outcomes:**

- To enable students to understand the concepts and methodology for its application in research work and human behavior.
- To explain students the concepts, historical evolution and ethical consideration of administering psychometric testing.

## Social Gerontology and Health

Course Code: BPH-304

Credit Units: 4

**Course Outcomes:**

- To enable students to understand the concept of social gerontology and health and its relationship to the well-being of the individual in everyday life



L
L
3
3

L
---



## Environmental Psychology

Course Code: BPH-305

Credit Units: 3

**Course Outcomes:**

- The paper on Environmental Psychology offers a research-based introduction to the psychological relationship between humans and their built and natural environments and discusses how sustainable environments can be created to the benefit of both people and nature.

## Psychology - Basic Practical- I

Course Code: BPH-320

Credit Units: 2

**Course Outcomes:**

- To apply the general concepts of psychology through the medium of experiments Every student is expected to perform 5 experiments mentioned below:

## Term Paper – II

Course Code: BPH-330

Credit Units: 2

**Course Outcomes:**

- The rationale behind introducing the term paper for BA Students (II Year) is to enhance the reading and writing habits of the students and to make them aware about the process of carrying out a research work.
- This helps them to develop insight into the course they are studying which creates an academic interest among the students. Presentation of the term paper plays an important role as it facilitates knowledge sharing and improvement in presentation skills which will further enhance the confidence of the students.
- The overall objective of this term paper is to develop research orientations in students and to make them understand and enhance skills in Research Methodology

## Summer Internship Project (Evaluation)

Course Code: BPH-360

Credit Units: 2

**Course Outcomes:**

- To enable the students with the practical exposure in their core area of interest (Corporate Sector, NGOs, Hospitals etc.), which in turn will be the pathway to their personal and professional training.
- It will also help students to develop report writing skills.

## Introductory Counseling Psychology

Course Code: BPH-401

Credit Units: 4

**Course Outcomes:**

- This course will provide each student to develop and demonstrate theoretical models supported by a substantial body of idea related to approaches to counseling skills.
- Emphasis will be placed upon enabling students to develop a theoretical foundation upon which to base a counseling approach.





## Abnormal Psychology

Course Code: BPH-402

Credit Units: 4

### Course Outcomes:

- The purpose of Abnormal Psychology is to introduce students to fundamental concepts and scientific principles underlying abnormal human behavior.
- This course will impart in students an appreciation of the complex issues surrounding how both scientists and laypersons think about abnormal behavior.
- Students would be able to diagnose a disorder, prescribe a treatment, and make a prognosis. A student's would also get an insight into the skills which are required by a psychologist. The type of knowledge this course imparts is precisely the type used by professional practitioners.

## Introduction to Organizational Psychology

Course Code: BPH-403

Credit Units: 4

### Course Outcomes:

- This course will provide to enable students to understand concepts, theories and research of industrial psychology.
- The students learn applications of industrial psychology in various organizational settings

## Sports Psychology

Course Code: BPH-404

Credit Units: 3

### Course Outcomes:

- To trace the development of sports psychology as an independent discipline with its multidimensional perspectives;
- To identify the relationship of personality and situational factors with performance on individual and team events; and to apply the psychological interventions in sports.
- To present the overview of Sport Psychology theories, methodology & interventions.

## Psychology and Life skills

Course Code: BPH-405

Credit Units: 3

### Course Outcomes:

- To enable students to understand various concepts and phenomenon in psychology.

## Educational Psychology

Course Code: BPH-406

Credit Units: 3

### Course Outcomes:

- To familiarize students with the aims of education and their psychological significance.
- To help understanding the relationship between self, school, and society.
- To give an overview of the ways in which children think and learn.
- To understand the relationship between learning, motivation and creativity.



## Psychology of Health and Yoga

**Course Code: BPH-407**

**Credit Units: 3**

**Course Outcomes:**

- To introduce health psychology and arrive at the introduction to the philosophy and practice of yoga
- To introduce the concepts of transformation of person as the core objective of Indian Psychology, through the study of different traditions of yoga
- To study the role of bhakti as a historical movement well as a concept in social transformation through personal transformation

## Clinical Psychology

**Course Code: BPH-501**

**Credit Units: 4**

**Course Outcomes:**

- To familiarize with the history and development of clinical psychology as a field in India and its evolving professional identity.
- To orient students to major theoretical models which guide clinical psychological practice and research?
- To orient about clinical assessment process and its applications in various domains.

## Gender Psychology

**Course Code: BPH-502**

**Credit Units: 4**

**Course Outcomes:**

- This course is designed to introduce students to psychological theories and research regarding the differences and similarities between men and women and the effects of gender in social situations.
- Students will learn to understand the complexity and diversity of gendered experiences in the social settings of their own and other cultures

## Psychology of Motivation and Leadership

**Course Code: BPH-503**

**Credit Units: 03**

**Course Outcomes:**

- To understand the concept of motivation and leadership in the work place and application of these psychological concepts in various organizational settings

## Psychological Practices in Organizations

**Course Code: BPH-504**

**Credit Units: 03**

**Course Outcomes:**

- To enable students to understand various concepts and phenomenon in organizational psychology





## School Counseling

**Course Code: BPH-505**

**Credit Units: 3**

**Course Outcomes:**

- This is to enable the students to develop an understanding of counseling within school setup, which is collaborative work of counselor and other school staff.
- It would also focus on prevention and intervention of mental health and disorders of children and adolescents.

## Forensic Mental Health

**Course Code: BPH-506**

**Credit Units: 3**

**Course Outcomes:**

The students will be able to demonstrate an awareness of legal aspects related to crimes committed by those who suffer from mental disorders.

Discuss the differences between forensic psychology, forensic psychiatry and forensic medicine.

Understand the allied fields and differential role responsibilities of the professional in each field.

**Student Learning Outcomes:**

- Recognize the legal associations to mental disorders and role of mental health professionals.
- Judge psyche of victims of crime.
- Analyze and judge psyche of perpetrators of crime.
- Appraise ethical issues for forensic mental health professionals during assessment and therapies.

## Psychology of Caregivers

**Course Code: BPH- 507**

**Credit Units: 3**

**Course Outcomes:**

- The students will understand the importance of caregivers. Informal caregivers play a central role in patient care, and care giving can provide positive and negative experiences.
- It will enhance awareness of those factors that underlie the motivation to care for others.
- The students will appreciate caregivers' understanding as to the dynamics that support and undermine self-caring activity.
- The Students will be able to help and encourage caregivers' to experiment with changing existing self-defeating patterns and acquiring or strengthening more constructive ways of being.

## Introduction to Community Psychology

**Course Code: BPH-508**

**Credit Units: 03**

**Course Outcomes:**

- This course will provide students with an introduction to the field of community psychology.
- This area of psychology is concerned with the scientific study of social problems and their solutions.
- This course are to help students understand community-based research and to encourage them to think about how research findings can be used to address social problems.
- Develop insight and analyze the important concerns in community psychology.





## Science of Well-being

Course Code: BPH-509

Credit Units: 3

**Course Outcomes:**

- To understand the concepts related to theory and science of well being and their applications to the betterment of self and others.

## Psychology of Differentially-abled Children (Special Education)

Course Code: BPH-601

Credit Units: 4

**Course Outcomes:**

- This course will provide each student with an exposure to understand and apply concepts of psychology to the development of education of challenged and gifted children.

## Planning, Recruitment and Selection

Course Code: BPH-602

Credit Units: 03

**Course Outcomes:**

- This course will provide each student with an exposure to aspects of Planning, Recruitment & Selection as HR personnel. From the initial phase of understanding the basic HR policies and practices,
- Students will be introduced to planning process for the hiring personnel in an organization. Useful models and frameworks, complemented by practical advice and guidelines, shall provide students with a solid foundation to apply Planning, Recruitment & Selection.

## Introduction to Industrial Relations

Course Code: BPH-603

Credit Units: 3

**Course Outcomes:**

- To enable students to get a basic understanding of the role of industrial relationships, legal and social aspects and their applications related to the organizational settings.

## Psychology of Exceptional and Gifted children

Course Code: BPH-604

Credit Units: 3

**Course Outcomes:**

- The major goal of this course is for the student to gain an awareness, knowledge and understanding of the complexity of the exceptional child.

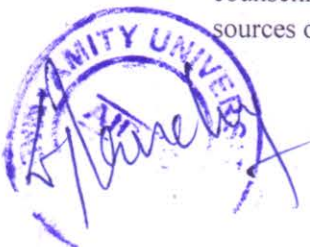
## Teaching & Learning Techniques

Course Code: BPH-605

Credit Units: 3

**Course Outcomes:**

- This course enables students to gather knowledge about the need and scope of Educational counseling with focus on various teaching & learning styles, cognitive issues, and various sources of measurement of learning



L  
2

## Human Skill Development

**Course Code: BPH-606**

**Credit Units: 03**

**Course Outcomes:**

- To equip the students to develop skills enabling them to handle issues and challenges of health & wellness.

## Psychology of Aging

**Course Code: BPH-607**

**Credit Units: 03**

**Course Outcomes:**

- This paper will enable the students to have a better understanding of the needs, theories and processes of ageing.
- Also, to empower the students with the wider knowledge on how to deal with the issues and problems related to old age.

## Science of Happiness

**Course Code: BPH-608**

**Credit Units: 3**

**Course Outcomes:**

- This course will provide each student to acquire meaningful knowledge of various aspects of happiness. Also to apply the concepts with a holistic view to deal with the barriers in day-to-day life.
- Course will provide an overview of positive psychology and introduces the theoretical models of adolescence and early adulthood as described by Theory of Erikson, Seligman.

## Major Project

**Course Code: BPH-610**

**Credit Units: 6**

**Course Outcomes:**

- To enable the students with the practical exposure in their core area of interest (Corporate Sector, NGOs, Hospitals etc.), which in turn will be the pathway to their personal and professional training.
- It will also help students to develop report writing skills.
- Sign the social model to promote happiness.





## MASTER OF CLINICAL PSYCHOLOGY

PROGRAMME CODE: PSY

Duration: 2 Years Full Time

### Course Outcome

#### Semester -1

#### Course structure: Cognitive Psychology - Course Code: PSY-111

Course Title: Cognitive Psychology

Credit Units: 3

Course Level: PG Level

Course Code: PSY-111

Course Outcomes:

- The Students are able to understand the concept of cognition and its application in cognitive psychology.
- Students develop the cognitive skills in themselves and others.

#### Course structure: Research Methodology in Psychology - Course Code: PSY-112

Course Title: Research Methodology In Psychology

Credit Units: 4

Course Level: PG Level

Course Code: PSY-112

Course Outcomes:

- Students will able to understand the basic principles of Research Methodology.
- To equip students with skills of various methods and techniques for scientific conduct of social science research
- Students will learn and discuss in-detail the sampling, data collection, analysis of data and report writing

#### Course structure: Personality Theories - Course Code: PSY-113

Course Title: Personality Theories

Credit Units: 3

Course Level: PG Level

Course Code: PSY-113

Course Outcomes:

- Students will able to understand the major theories and traditions related to the study of personality and personal growth.
- Student will able to clear the underlined themes, methodology and assumption of each theory to enhance understanding of personality and behaviour





**Course structure: Philosophical Foundations in Psychology - Course Code: PSY-114**

**Course Title: Philosophical Foundations in Psychology**

**Credit Units: 3**

**Course Level: PG Level**

**Course Code: PSY-114**

**Course Outcomes:**

- Enable students to understand the philosophical background to psychology
- Students will develop discipline from the various schools of philosophy

**Course structure: Psychopathology-I - Course Code: PSY-115**

**Course Title: Psychopathology-I**

**Credit Units: 3**

**Course Level: PG Level**

**Course Code: PSY-115**

**Course Outcomes:**

- The students will understand signs and symptoms of psychopathology.
- Students will be able to assess the symptoms, nature, causes and dysfunctions associated with these disorders and discuss the intervention programs with regard to the goals of therapy. It also discusses new age psychological disorders.

**Course structure: Clinical Psychology: Concepts, Methods & Issues - Course Code: PSY-116**

**Course Title: Clinical Psychology: Concepts, Methods & Issues**

**Credit Units: 3**

**Course Level: PG Level**

**Course Code: PSY-116**

**Course Outcomes:**

- The purpose of this course is to acclimatize students with the field of clinical psychology.
- Students will be able to understand the concepts, methods and issues that are pertinent to the clinical psychology.



**Course structure: Psychology Advanced Practical – I - Course Code: PSY-110**

**Course Title: Psychology Advanced Practical – I**

**Credit Units: 2**

**Course Level: PG Level**

**Course Code: PSY-110**

**Course Outcomes:**

- This course will provide each student with an exposure to the general concepts of psychology through experimentation and testing.
- Every student is expected to perform and write any 6 practical's each out of the following options

**Course structure: Observational Study - Course Code: NOS-117**

**Course Title: Observational Study**

**Credit Units: 2**

**Course Level: PG Level**

**Course Code: NOS-117**

**Course Outcomes:**

- To enable the students with the practical exposure in the area of mental health, this in turn will be the pathway to their personal and professional training.
- To develop skill to establish therapeutic communication with the psychiatric/ non psychiatric population.
- To be able to use psychological theoretical knowledge in to clinical settings.
- To be able to develop report writing skills

**Course structure: Applied Positive Psychology - Course Code: PSY-211**

**Course Title: Applied Positive Psychology**

**Credit Units: 3**

**Course Level: PG Level**

**Course Code: PSY-211**

**Course Outcomes:**

- To enable students to understand in depth, the theory and research related to Positive Psychology
- To equip students with skills to develop the use of different aspects of Positive Psychology in themselves and others in everyday life.

**Course structure: Statistics & Qualitative Analysis - Course Code: PSY-212**

**Course Title: Statistics & Qualitative Analysis**

**Credit Units: 4**

**Course Level: PG Level**

**Course Code: PSY-212**

**Course Outcomes:**

- Students will understand basic concepts of statistics and qualitative techniques as applied to psychology.
- Students will able to understand the basic principles of Research Methodology.
- To equip students with skills of various methods and techniques for scientific conduct of research in psychology



**Course structure: Psychological Assessment & Diagnosis - Course Code: PSY-213**

**Course Title: Psychological Assessment & Diagnosis**

**Credit Units: 3**

**Course Level: PG Level**

**Course Code: PSY-213**

**Course Outcomes:**

- The course teaches the students about the objectives, characteristics and wide ranging effects of psychological testing.
- Students will able to understand the various testing methodologies and outlines capabilities and limitations of these testing methods.

**Student Learning Outcomes:**

- Develop capabilities of assessment of tools, methodologies and testing procedures.
- Demonstrate ability to handle ethical concerns surrounding psychological testing
- Apply the learning of test conduction and report generation in real life setting
- Demonstrate the ability to handle psychological assessment.

**Course structure: Community Mental Health & Rehabilitation - Course Code: PSY-214**

**Course Title: Community Mental Health & Rehabilitation**

**Credit Units: 3**

**Course Level: PG Level**

**Course Code: PSY-214**

**Course Outcomes:**

- The course will deals with community mental health aspects related to preventive approach, therapeutic community and rehabilitation measures which deal in detail about how to get a mentally ill person gradually on the road to recovery step by step.
- Students will able to understand the Community-based Rehabilitation in detail

**Course structure: Psychopathology-II - Course Code: PSY-215**

**Course Title: Psychopathology-II**

**Credit Units: 3**

**Course Level: PG Level**

**Course Code: PSY-215**

**Course Outcomes:**

- The students will learn about the psychological disorders and also make them clear about classification of these disorders, help them to arrive at a correct diagnosis based on two major classification systems, DSM-V and ICD-10 and learn about symptoms of specific disorders. Students will also understand the differential diagnosis of the disorders





## **Course structure: Psychology-Advanced Practical II - Course Code: PSY-210**

**Course Title: Psychology-Advanced Practical II**

**Credit Units: 2**

**Course Level: PG Level**

**Course Code: PSY-210**

**Course Objectives:**

- This course will provide each student with an exposure to the general concepts of psychology through experimentation and testing. Every student is expected to perform and write any 6 practical's each out of the following options

## **Course structure: Field Work - Course Code: NFW-216**

**Course Title: Field Work**

**Credit Units: 2**

**Course Level: PG Level**

**Course Code: NFW-216**

**Course Outcomes:**

- To enable the students with the practical exposure in their core area of interest (Corporate Sector, NGOs, Hospitals etc.), which in turn will be the pathway to their personal and professional training.
- It will also help students to develop report writing skills.

## **Course structure: Understanding Forensic Psychology - Course Code: PSY-319**

**Course Title: Understanding Forensic Psychology**

**Credit Units: 3**

**Course Level: PG Level**

**Course Code: PSY-319**

**Course Outcomes:**

- This course will provide each student with an exposure to basics of role played by psychology in forensics.
- Students will understand the concept of forensic psychology and learn how forensic psychologists contribute to the legal system.
- Students will aware the methods used by forensic psychologists to explain behavior by examining a number of studies devoted to topics related to forensic psychology

## **Course structure: Counselling Skills and Techniques - Course Code: PSY-311**

**Course Title: Counselling Skills and Techniques**

**Credit Units: 3**

**Course Level: PG Level**

**Course Code: PSY-311**

**Course Outcomes:**

- The student will be introduced to the various techniques and strategies to enable better socio occupational and personal adaptation of their clients and also the skills one needs to inculcate in the process.
- Students will familiarize the students to apply this learning in professional setting.
- This course is an examination of the theoretical perspectives as well as practical prerequisites to function in the field of psychology as a mental health professional.



### **Course structure: Psychopathology-III - Course Code: PSY-312**

**Course Title: Psychopathology-III**

**Credit Units: 3**

**Course Level: PG Level**

**Course Code: PSY-312**

**Course Outcomes:**

- The students will understand of different types of sleeping, sexual and impulse control disorders and assess the symptoms, nature, causes and dysfunctions associated with these disorders.
- Students will also understand the intervention programs with regard to the goals of therapy and demonstrate an understanding of different substances and their differential impact on physical & psychological health

### **Course structure: Positive Interventions in Health - Course Code: PSY-313**

**Course Title: Positive Interventions in Health**

**Credit Units: 3**

**Course Level: PG Level**

**Course Code: PSY-313**

**Course Outcomes:**

- Students will able to understand the applications of positive psychology in intervention designing and administration.
- To Develop an ability to perform need analysis for interventions
- Students will able to develop the skills to design content and deliver trainings/interventions based in positive psychology
- Help students establish the relationship between positive living and health

### **Course structure: New Age Psychological Disorders - Course Code: PSY-314**

**Course Title: New Age Psychological Disorders**

**Credit Units: 3**

**Course Level: PG Level**

**Course Code: PSY-314**

**Course Outcomes:**

- Help the students to learn about the new psychological disorders and also make them clear about classification of these disorders,
- Students will able to attain at a correct diagnosis based on two major classification systems, DSM-V and ICD-10 and to make them learn about symptoms of new specific disorders.

### **Course structure: Developmental Psychopathology - Course Code: PSY-315**

**Course Title: Developmental Psychopathology**

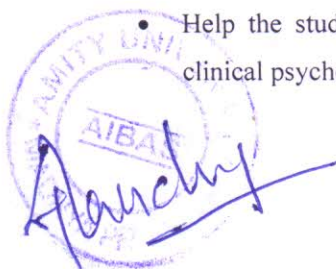
**Credit Units: 3**

**Course Level: PG Level**

**Course Code: PSY-315**

**Course Outcomes:**

- Students will aware of the nature of different psychological disorders of childhood.
- Help the students to understand about the diagnostic Classification in Childhood Disorders, clinical psychopathology, & management.





**Course structure: Positive Psychotherapy - Course Code: PSY-316**

**Course Title: Positive Psychotherapy**

**Credit Units: 3**

**Course Level: PG Level**

**Course Code: PSY-316**

**Course Outcomes:**

- The students will understand concepts of Positive Psychology, theoretical back ground & different sub-concepts coming under positive psychology.
- Students will be equipped with the various techniques of Positive Psychotherapy.

**Course structure: Assessment and Therapies with Children - Course Code- PSY-317**

**Course Title: Assessment and Therapies with Children**

**Credit Units: 3**

**Course Level: PG Level**

**Course Code: PSY-317**

**Course Outcomes:**

- Students will aware of needs of Psychological assessment in Childhood Disorders.
- The Students will learn the techniques of collecting data from various sources in childhood assessment and the various kinds of psychological assessments.
- Students will able to deals with the psychological therapies needed for treating the mental disorders in children.

**Course structure: Developmental Psychology: Theory and Practice - Course Code: PSY318**

**Course Title: Developmental Psychology: Theory and Practice**

**Credit Units: 3**

**Course Level: PG Level**

**Course Code: PSY318**

**Course Outcomes:**

- Students will able to understand development of child through various stages.
- Students will able to develop the knowledge and skills in different aspects of Learning and Motivation as implied in Educational Settings

**Course structure: Treatise - Course Code: NTT-315**

**Course Title: Treatise**

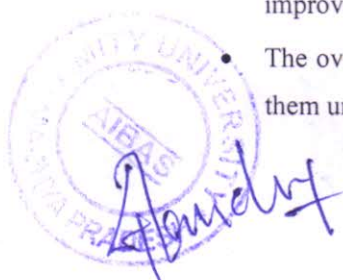
**Credit Units: 3**

**Course Level: PG Level**

**Course Code: NTT-315**

**Course Outcomes:**

- The rationale behind introducing the treatise for PG students is to enhance the reading and writing habits of the students and to make them aware about the process of carrying out a research work.
- This helps them to develop insight into the course they are studying which creates an academic interest among the students.
- Presentation of the treatise plays an important role as it facilitates knowledge sharing and improvement in presentation skills which will further enhance the confidence of the students.
- The overall objective of this treatise is to develop research orientations in students and to make them understand and enhance skills in Research Methodology





**Course structure: Summer Internship - Course Code: NSP-310**

**Course Title: Summer Internship.**

**Credit Units: 4**

**Course Level: PG Level**

**Course Code: NSP-310**

**Course Outcomes:**

- To enable the students with the practical exposure in the area of mental health, which will turn the pathway to their personal and professional training?
- To develop skill to establish therapeutic communication with the psychiatric/ non psychiatric population.
- To be able to use psychological theoretical knowledge in to clinical settings.
- To be able to develop report writing skills.

**Course structure: Basics of Neuropsychology - Course Code: PSY-411**

**Course Title: Basics of Neuropsychology**

**Credit Units: 3**

**Course Level: PG Level**

**Course Code: PSY-411**

**Course Outcomes:**

- To introduce the basic principles of Neuropsychology.
- To discuss in-detail the nervous system and its command center of the brain.
- To equip students with skills to consider and rule out a neuropsychological origin of the psychopathology.

**Course structure: Behaviour and Cognitive Therapies - Course Code: PSY-412**

**Course Title: Behaviour and Cognitive Therapies**

**Credit Units: 3**

**Course Level: PG Level**

**Course Code: PSY-412**

**Course Outcomes:**

- To state the basic premises of behavioral and cognitive theories.
- To familiarize students with the theoretical bases of Cognitive Behavior Therapy
- To introduce students to the myriad of ways to think about and approach a client's history and current issues from a CBT perspective.
- To discuss practical and ethical issues involved in delivering CBT to clients and evaluate the effectiveness of cognitive/behavioral practice methods

**Course structure: Family and Marital Therapy - Course Code- PSY-413**

**Course Title: Family and Marital Therapy**

**Credit Units: 3**

**Course Level: PG Level**

**Course Code: PSY-413**

**Course Outcomes:**

- Students will understand the issues of family in psychopathology.
- Students will able to know the principles underlying family therapy. Family as an open system and various techniques and skills involved in family therapy are given to students.



**Course structure: Psychology of Consciousness - Course Code: PSY-414**

**Course Title: Psychology of Consciousness**

**Credit Units: 3**

**Course Level: PG Level**

**Course Code: PSY-414**

**Course Outcomes:**

- Students will develop the knowledge and skills for overall perspective of Consciousness.
- Students will be able to apply this understanding in developing a positive integrated life style.

**Course structure: Emotions & Implications - Course Code: PSY-415**

**Course Title: Emotions & Implications**

**Credit Units: 3**

**Course Level: PG Level**

**Course Code: PSY-415**

**Course Outcomes:**

- Students will be able to understand thoroughly concept and importance of emotions
- Students will be able to develop skills in managing emotions in self and others for a happy and Healthy Life.

**Course structure: Psycho-Oncology - Course Code: PSY-416**

**Course Title: Psycho-Oncology**

**Credit Units: 3**

**Course Level: PG Level**

**Course Code: PSY-416**

**Course Outcomes:**

- Student will be able to understand and assess the mental health of a cancer-affected person
- student will analyze the likely benefit of Psycho-therapy and / or Psychological Counseling
- student will be able to offer psycho-oncology counselling services in diverse clinical setting

**Course structure: Neuropsychological Rehabilitation - Course Code: PSY-417**

**Course Title: Neuropsychological Rehabilitation**

**Credit Units: 3**

**Course Level: PG Level**

**Course Code: PSY-417**

**Course Outcomes:**

- To equip the students with skills to consider and rule out a neuropsychological origin or biochemical mediation of the psychopathology.
- students will be able to understand the knowledge and skills to carry out neuropsychological rehabilitation for their clients





**Course structure: Neuropsychological Assessment - Course Code: PSY-418**

**Course Title: Neuropsychological Assessment**

**Credit Units: 3**

**Course Level: PG Level**

**Course Code: PSY-418**

**Course Outcomes:**

- Students will be able to know about the clinical assessment of neuropsychological functions.
- Students will be able to formulate and manage neuropsychological assessment sessions
- Help the students to assess the neuropsychological deficits of various psychiatric and neurological disorders.

**Course structure: Psychodynamic Therapies Course - Course Code: PSY-419**

**Course Title: Psychodynamic Therapies Course**

**Credit Units: 3**

**Course Level: PG Level**

**Course Code: PSY-419**

**Course Outcomes:**

- Students will be able to understand of psychotherapies, starting from psychoanalysis and proceeding towards psychoanalytic psychotherapy and other psychotherapies.

**Course structure: Spirituality and Positive Growth Course - Course Code- PSY-410**

**Course Title: Spirituality and Positive Growth Course**

**Credit Units: 3**

**Course Level: PG Level**

**Course Code: PSY-410**

**Course Outcomes:**

- Students will be able to enhance the spiritual dimensions by providing him or her insight to various Indian and western spiritual traditions and philosophies so that they can inspire positivity and peace into their personal and professional life.
- Students will be able to understand the direct proportionality between Spirituality and Positivity and how Psychology can be utilized for the same

**Course structure: Dissertation Course - Course Code: NMP-410**

**Course Title: Dissertation Course**

**Credit Units: 8**

**Course Level: PG Level**

**Course Code: NMP-410**

**Course Outcomes:**

- To enable the students practical exposure in their core area of interest (Clinical setting, special education, NGO etc.) and professional training.
- To develop report writing skills and formulation of case presentation.
- To develop research orientations and enhance skills in Research Methodology.







## MASTER OF APPLIED PSYCHOLOGY

PROGRAMME CODE: PSY

Duration: 2 Years Full Time

### Course Outcome

#### Semester -1

#### Course structure: Cognitive Psychology - Course Code: PSY-121

Course Title: Cognitive Psychology

Credit Units: 3

Course Level: PG Level

Course Code: PSY-121

Course Outcomes:

- The objective of this course is to study the concept of cognition and its application in cognitive psychology.
- This will facilitate the students develop the cognitive skills in themselves and others.

#### Course structure: Research Methodology in Psychology - Course Code: PSY-122

Course Title: Research Methodology in Psychology

Credit Units: 4

Course Level: PG Level

Course Code: PSY-122

Course Outcomes:

- To introduce the basic principles of Research Methodology.
- To discuss in-detail the sampling, data collection, analysis of data and report writing
- To equip students with skills of various methods and techniques for scientific conduct of social science research

#### Course structure: Personality Theories - Course Code: PSY-123

Course Title: Personality Theories

Credit Units: 3

Course Level: PG Level

Course Code: PSY-123

Course Outcomes:

- This course enables students to become familiar with the major theories and traditions related to the study of personality and personal growth.
- It further enables the student to articulate the underlined themes, methodology and assumption of each theory to enhance understanding of personality and behaviour.



## **Course structure: Philosophical Foundations in Psychology-Course Code: PSY-124**

**Course Title: Philosophical Foundations in Psychology**

**Credit Units: 3**

**Course Level: PG Level**

**Course Code: PSY-124**

**Course Outcomes:**

- The objective of this course is to give an exposition to the philosophical background to psychology and the development of the discipline from the various schools of philosophy

## **Course structure: Heath Psychology - Course Code: PSY-125**

**Course Title: Heath Psychology**

**Credit Units: 3**

**Course Level: PG Level**

**Course Code: PSY-125**

**Course Outcomes:**

- This course will provide each student to explore many ways in which psychological theory can impact on health, health behavior and health care systems. With a particular focus on how to promote health across a range of settings this course will be relevant for students who want to work in health settings.
- The course will provide an insight into how psychology can be used to understand important health issues for example – patient adjustment to chronic illness, how to motivate patients to change their health-related behavior or how lifespan influences shape our health beliefs and behaviors.

## **Course structure: Applied Behavioural Analysis-Course Code: PSY-126**

**Course Title: Applied Behavioural Analysis.**

**Credit Units: 3**

**Course Level: PG Level**

**Course Code: PSY-126**

**Course Outcomes:**

- In this course students will learn about the basic principles of learning that govern human behavior as well as how these principles can be applied in various settings
- To help individuals reach their maximum potential. Students will also learn how to measure and analyze behavior in order to evaluate learning.

## **Course structure: PSYCHOLOGY ADVANCED PRACTICAL I - Course Code: PSY-120**

**Course Title: PSYCHOLOGY ADVANCED PRACTICAL I**

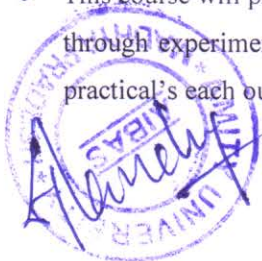
**Credit Units: 2**

**Course Level: PG Level**

**Course Code: PSY-120**

**Course Outcomes:**

- This course will provide each student with an exposure to the general concepts of psychology through experimentation and testing. Every student is expected to perform and write any 6 practical's each out of the following options.



**Course structure: Observational Study - Course Code: NOS-127**

**Course Title: Observational Study**

**Credit Units: 2**

**Course Level: PG Level**

**Course Code: NOS-127**

**Course Outcomes:**

- To enable the students with the practical exposure in the area of mental health, this in turn will be the pathway to their personal and professional training.
- To develop skill to establish therapeutic communication with the psychiatric/ non psychiatric population.
- To be able to use psychological theoretical knowledge in to clinical settings.
- To be able to develop report writing skills.

**Course structure: Applied Positive Psychology - Course Code: PSY-221**

**Course Title: Applied Positive Psychology**

**Credit Units: 3**

**Course Level: PG Level**

**Course Code: PSY-221**

**Course Outcomes:**

- To enable students to understand in depth, the theory and research related to Positive Psychology

To equip students with skills to develop the use of different aspects of Positive Psychology.







**MASTER OF APPLIED PSYCHOLOGY**

**PROGRAMME CODE: PSY**

**Duration: 2 Years Full Time**

**Course Outcome**

**Semester -1**

**Course structure: Cognitive Psychology - Course Code: PSY-121**

**Course Title: Cognitive Psychology**

**Credit Units: 3**

**Course Level: PG Level**

**Course Code: PSY-121**

**Course Outcomes:**

- The objective of this course is to study the concept of cognition and its application in cognitive psychology.
- This will facilitate the students develop the cognitive skills in themselves and others.

**Course structure: Research Methodology in Psychology - Course Code: PSY-122**

**Course Title: Research Methodology in Psychology**

**Credit Units: 4**

**Course Level: PG Level**

**Course Code: PSY-122**

**Course Outcomes:**

- To introduce the basic principles of Research Methodology.
- To discuss in-detail the sampling, data collection, analysis of data and report writing
- To equip students with skills of various methods and techniques for scientific conduct of social science research

**Course structure: Personality Theories - Course Code: PSY-123**

**Course Title: Personality Theories**

**Credit Units: 3**

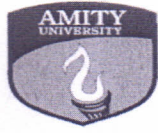
**Course Level: PG Level**

**Course Code: PSY-123**

**Course Outcomes:**

- This course enables students to become familiar with the major theories and traditions related to the study of personality and personal growth.





**M.PHIL CLINICAL PSYCHOLOGY**

**PROGRAMME CODE: PSY**

**Duration: 2 Years Full Time**

**Course Outcome**

**Yearly Programme**

**Course Title: Psychosocial Foundations of Behavior and Psychopathology**

**Credit Units: 10**

**Course Code: PSY-131**

**Course Outcome:**

- The psychosocial perspectives attempt to understand human cognition, motives, perceptions and behavior as well as their aberrations as product of an interaction amongst societal, cultural, familial and religious factors.
- The overall aim is to introduce conceptualizations of mental health problems within the psychosocial framework, considering contextual issues.
- Each unit in this paper pays attention to the different types of causal factors considered most influential in shaping both vulnerability to psychopathology and the form that pathology may take.

**Course Title: Statistics and Research Methodology**

**Credit Units: 10**

**Course Code: PSY-132**

**Course Outcome:**

- The aim of this paper is to elucidate various issues involved in conduct of a sound experiment/survey. With suitable examples from behavioral field, introduce the trainees to the menu of statistical tools available for their research.
- To develop their understanding of the conceptual bases of these tools. Tutorial work will involve exposure to the features available in a large statistical package (SPSS) while at the same time reinforcing the concepts discussed in lectures.



**Course Title: Psychiatry**

**Credit Units: 10**

**Course Code: PSY-133**

**Course Outcome:**

- The aim is to train in conceptualization of psychopathology from different etiological perspectives, eliciting phenomenology and arrive at the clinical diagnosis following a classificatory system and propose/carry out psychological interventions including psychosocial treatment/management for the entire range of psychological disorders.
- Also, to train in assessing the caregivers' burden, disability and dysfunctions that are often associated with mental disorders and intervene as indicated in a given case.

**Course Title: Practical- Psychological Assessment**

**Credit Units: 18**

**Course Code: PSY-134**

**Course Outcome:**

- To provide hands-on experience in acquiring the necessary skills and competency in selecting, administering, scoring and interpreting psychological tests often employed in clients with mental or neuropsychological disorders. Since psychological assessment involves integration of information from multiple sources, the trainees are required to be given extensive exposure in working up of cases and carrying out the assessment at all levels.
- Typical areas of focus for psychological assessment includes (not necessarily limited to): cognition, intelligence, personality, diagnostic, levels of adjustment, disability/functional capacity, neuropsychological functions, clinical ratings of symptomatology, variables that help/direct treatment, and assess treatment outcomes.

**Course Title: Psychological Assessments Report Submission**

**Credit Units: 12**

**Course Code: NRS-135**

**Course Outcome::**

- To familiarize the trainee with the formulation and Reporting of Psychodiagnostic evaluation.
- To enable the trainee with the writing format of psychological formulation and reporting.
- To familiarize the trainee with the formulation and reporting of IQ assessments.
- To familiarize the trainee with the formulation and reporting of Neuropsychological testing.
- To familiarize the trainee with the formulation and reporting of Personality testing





## 2<sup>nd</sup> Year

### **Course Title: Biological Foundations of Behavior**

**Credit Units: 10**

**Course Code: PSY-231**

**Course Outcome:**

- Brain disorders cause symptoms that look remarkably like other functional psychological disorders.
- Learning how brain is involved in the genesis of normal and abnormal behavioral/emotional manifestation would result in better clinical judgment, lesser diagnostic errors and increase sensitivity to consider and rule out a neuro-psychological origin or biochemical mediation of the psychopathology.
- Also, current researches have indicated many pharmacological agents dramatically alter the severity and course of certain mental disorders, particularly the more severe disorders. Therefore, the aim of this paper is to provide important biological foundations of human behavior and various syndromes. The main focus is the nervous system and its command center – the brain.

### **Course Title: Psychotherapy and Counseling**

**Credit Units: 10**

**Course Code: PSY-232**

**Course Outcome:**

- Impart knowledge and skills necessary to carry out psychological interventions in mental health problems with required competency. As a prelude to problem-based learning within a clinical context, the trainees are introduced to factors that lead to development of an effective working therapeutic alliance, pre-treatment assessment, setting therapy goals, evaluation of success of therapy in producing desired changes, and variables that affect the therapy processes. Further, the aim is to equip the trainees with various theories of clinical problems, and intervention techniques, and their advantages and limitations.

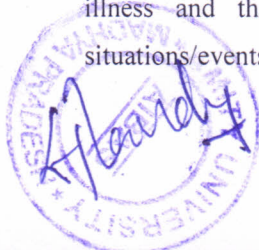
### **Course Title: Behavioral Medicine**

**Credit Units: 10**

**Course Code: PSY-233**

**Course Outcome:**

- Health psychology, as one of the subspecialties of applied psychology, has made a notable impact on almost the entire range of clinical medicine.
- The field deals with psychological theories and methods that contribute immensely to the understanding and appreciation of health behavior, psychosocial and cultural factors influencing the development, adjustment to, treatment, outcome and prevention of psychological components of medical problems.
- The aim of behavioral medicine is to elucidate the effects of stress on immune, endocrine, and neurotransmitter functions among others, psychological process involved in health choices individuals make and adherence to preventive regimens, the effectiveness of psychological interventions in altering unhealthy lifestyles and in directly reducing illness related to various systems. Further, to provide the required skills and competency to assess and intervene for psychological factors that may predispose an individual to physical illness and that maintain symptoms, in methods of mitigating the negative effects of stressful situations/events, and buffering personal resources.



**Course Title: Practical: Psychological therapies and viva voce**

**Credit Units: 18**

**Course Code: NRS-235**

**Course Outcome:**

- To provide hands-on experience in acquiring the necessary skills and competency in selecting, administering, psychological therapies often employed in clients with psychological and neuropsychological disorders. Since psychological therapies involves integration of information from multiple sources, the trainees are required to be given extensive exposure in working up of cases and carrying out the assessment at all levels for therapeutic intervention. Typical areas of focus for psychological therapies includes (not necessarily limited to): cognition, intelligence, personality, levels of adjustment, disability/functional rehabilitation, neuropsychological rehabilitation, clinical ratings of symptomatology, variables that help/direct treatment, and assess treatment outcomes.

**Course Title: Therapy Report Submission**

**Credit Units: 12**

**Course Code: NRS-235**

**Course Outcome:**

- To familiarize the trainee with the formulation and Reporting of psychotherapeutic intervention.
- To familiarize the trainee with the formulation and reporting of IQ intervention.
- To familiarize the trainee with the formulation and reporting of neuropsychological rehabilitation.
- To familiarize the trainee with the formulation and reporting of family therapy, group therapy for various psychological disorders.

**Course Title: Dissertation**

**Credit Units: 10**

**Course Code: NMP-230**

**Course Outcomes:**

- To familiarize them to use scientific methods and evidence to inform the assessment, understanding, treatment and prevention of human problems in behaviour, affect, cognition or health.
- Trainee will acquire and demonstrate knowledge and skills necessary to plan, conduct, evaluate, and disseminate research in areas relevant to clinical psychology

